SYMPTOMS OF THE CORONAVIRUS DISEASE (COVID-19)

- Runny nose
- Fever
- Cough
- Sore throat
- Shortness of breath

IF YOU HAVE DEVELOPED THESE SYMPTOMS and have travelled in the last 14 days to a country with widespread or ongoing community spread of COVID-19 or have been in close contact with a confirmed or suspected case of COVID-19

- Stay home
- Avoid close contact with other people

Call your personal doctor or Call the Ambulance Service Call Centre at 1420

For further information: https://pio.gov.cy/coronavirus | Tel: 1450
**STEPS TO PROTECT YOURSELF AND THOSE AROUND YOU FROM THE CORONAVIRUS DISEASE (COVID-19)**

1. Wash your hands often with soap and water and dry them with single use paper towels.

2. Cover your mouth and nose with a tissue if you cough or sneeze or use the inside of your elbow.

3. If soap and water are not available, use an alcohol-based hand sanitizer.

4. Throw used tissues in the trash bin and immediately wash your hands.

5. Avoid close contact, if possible, with people with respiratory infection symptoms.

6. Avoid touching your eyes, nose and mouth with unwashed hands.

7. Avoid crowded or confined spaces and maintain adequate and frequent ventilation of houses, workplaces etc.

8. Clean and disinfect frequently touched surfaces (handles, doorknobs, faucets) regularly, using common household disinfectants.

9. Wear a facemask only if you present respiratory infection symptoms (coughing or sneezing) or if you are caring for someone who is sick.

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